



The Women of Courage Award

Frequently Asked Questions

How do you define a “Woman of Courage”?

The Selection Committee welcomes all innovative ideas of work that makes the world a better place. Examples could be, but are not limited to:

- Innovative work in science, technology, education or the arts
- Impactful investigative journalism
- Leadership in civic activism
- Advocating for environmental sustainability
- Starting a non-profit or social enterprise

Who is eligible for the award?

- To be eligible for a Women of Courage Award, the nominee must be female identifying, 18-30 years old and live, work or serve in San Mateo County who demonstrate courage, make an impact, and exemplify the characteristics of compassion, resilience and integrity in an effort to make the world a better place.

Can I nominate myself?

- No, but you can ask someone who knows you well enough to speak to your character and achievements.

How do I nominate someone?

- To nominate someone, use the form found at <https://www.venturesfoundation.org/nomination-form/>. You will need to sign in to access the form. You will be able to save and return at any time until you are ready to submit.

Can I nominate someone anonymously?

- We require your name and contact information in case we need follow up information.

Can someone be nominated more than once?

- If your nominee is not selected in the year you submit, you may resubmit your nomination in another round.

Can I nominate more than one person?

- Yes. Please fill out a separate nomination form for each person.

What is a nominee required to do?

- If a nominee is selected as a finalist, they will be asked to attend an online interview with the Selection Committee.

What is the award?

- The award is \$25,000 intended to further the awardee’s service efforts and may be paid directly to the awardee, to an affiliated non-profit or social venture, or as a scholarship to a university or for professional development. If you are selected to receive a Women of Courage Award, you may also take advantage of the support and mentorship of our Selection Committee.