



# The Women of Courage Award

## Frequently Asked Questions

### ***How do you define “courage”?***

Examples of courage in serving others could be, but are not limited to:

- Innovative work in science and technology
- Groundbreaking investigative journalism
- Leadership in civic activism
- Advocating for environmental sustainability
- Organizing grassroots movements

### ***Who is eligible for the award?***

- To be eligible for a Women of Courage Award, the nominee must be female identifying, 18-30 years old and live, work or serve in San Mateo County.

### ***Can I nominate myself?***

- No, but you can ask someone who knows you well enough to speak to your character and achievements.

### ***How do I nominate someone?***

- To nominate someone, use the form found at <https://www.venturesfoundation.org/nomination-form/>. You will need to sign in to access the form. You will be able to save and return at any time until you are ready to submit.

### ***Can I nominate someone anonymously?***

- We require your name and contact information in case we need follow up information.

### ***Can someone be nominated more than once?***

- If your nominee is not selected in the year you submit, you may resubmit your nomination in another round.

### ***Can I nominate more than one person?***

- Yes. Please fill out a separate nomination form for each person.

### ***What is a nominee required to do?***

- If a nominee is selected as a finalist, they will be asked to attend an online interview with the Selection Committee.

### ***What is the award?***

- The award is \$25,000 intended to further the awardee’s service efforts and may be paid directly to the awardee, to an affiliated non-profit or social venture, or as a scholarship to a university or for professional development. If you are selected to receive a Women of Courage Award, you may also take advantage of the support and mentorship of our Selection Committee.